

# Edge of Dreaming

Amy Hardie's powerful film *Edge of Dreaming* headlines the 5<sup>th</sup> Guth Gafa International Documentary Film Festival – it's a remarkable story about premonition, family and the power and reach of the human mind. Festival director Neasa Ni Chianáin believes Hardie's film sums up all we fear and admire in our own psyches.

“It's a profoundly optimistic film, an illustration of the process that we all experience but few understand – the dream.”

Amy Hardie dreams of the death of her favorite horse only to wake to find him dead. She attempts to ignore the coincidence but when she dreams of her late husband telling her that she will die within the year she embarks on a journey that takes her to a shaman, a neuroscientist, and the gritty realism of a hospital bed.

Ni Chianáin maintains that she was won over by the film's insight:

“Apart from the fact that the film is beautifully shot and constructed there is a sense that Hardie has delivered to us a means of taming *the dream*. The *edge* she speaks of is the line between the conscious and the subconscious; madness and reason; this world and another. It's a hugely empowering film and perfect to open Guth Gafa.”

Guth Gafa is a unique documentary festival that takes place in a tiny village in a remote corner of North West Ireland. What makes Guth Gafa so special is that every director of every selected film attends the Festival and takes part in post-screening discussions about their work.

Guth Gafa runs from 11<sup>th</sup> to 13<sup>th</sup> June in Gortahork, Co. Donegal.  
[www.guthgafa.com](http://www.guthgafa.com)