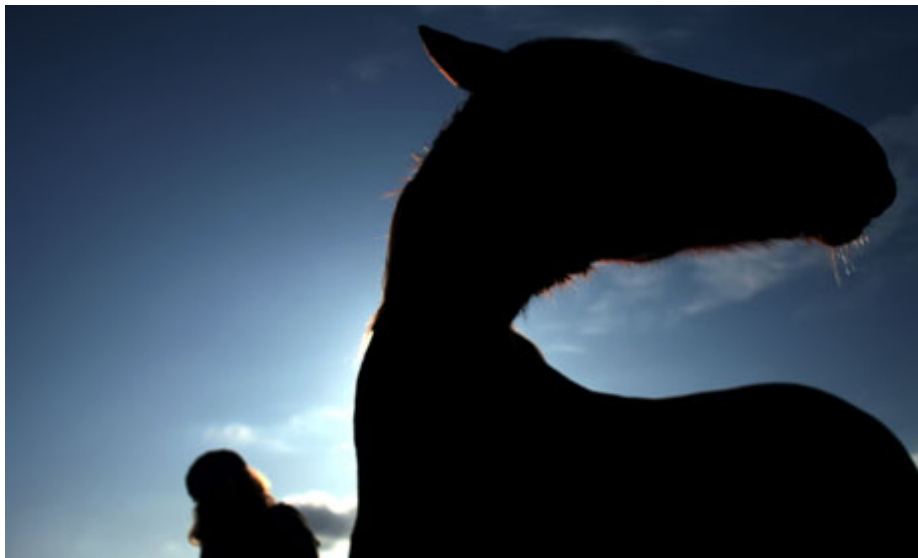


<http://www.guardian.co.uk/edinburgh/2010/jun/16/edinburgh-international-film-festival-edinburgh-eiff-scottish-documentary-unit>

Posted by [Tom Allan](#) Thursday 17 June 2010

Fable-like documentary about dreams sells out at the EIFF

Amy Hardie's "The Edge of Dreaming" has it's UK premier today



The Edge of Dreaming has its UK premiere at the EIFF today. Photo: Amy Hardie

["The Edge of Dreaming"](#) sounds like a fable or a fiction film, but it is in fact a documentary about a series of vivid, premonition like dreams experienced by the filmmaker herself, Amy Hardie, and what happened when they started to come true.

Hardie is head of research at the Scottish Documentary Institute, based at Edinburgh College of Art, and usually makes science films. But nine years ago she had a disturbing dream that was to be the start of "Edge of Dreaming."

"I don't really remember my dreams, but one night I woke up in the middle of the night, because I'd had a dream that my horse was dying, and he asked me if I was ready to start filming. It was so vivid that it woke me up in the middle of the night."

The discovery that her horse really had died might seem fantastical enough. But when she had another dream in which she found out that she too would die at the age of 48, and she actually started to become seriously ill, she took the question of what the dreams meant deadly seriously.

"When my lungs started to collapse and I had to go to hospital, I realised that I had to find out a lot more about how dreams work, and a lot more about what was happening to me. And this film is the result of that search."

After a series of medical tests were unable to discover what was wrong with Hardie, she visited leading scientists in dreams, including eminent neurologists and psychologists, Hardie finally turned to a Brazilian shaman living in Edinburgh in order to try to change the outcome of her dream.

Unusual though the film sounds, it has already secured cinema distribution in Spain, Argentina, and Ecuador, will be screened on US television, and just won a prize at the Kiev International Film Festival. But your chances of seeing it in the Capital this week are slim - it has already sold out its three performances at the [Edinburgh International Film Festival](#).